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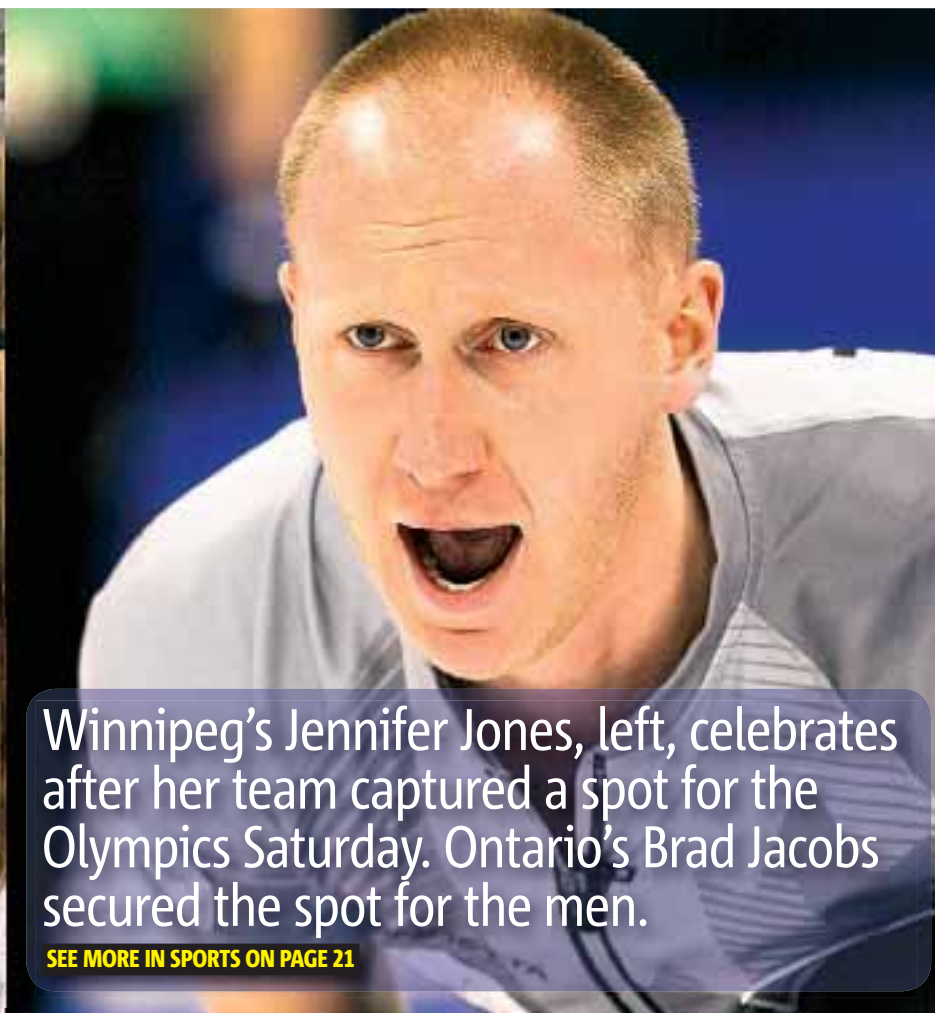


See you in Sochi



Winnipeg's Jennifer Jones, left, celebrates after her team captured a spot for the Olympics Saturday. Ontario's Brad Jacobs secured the spot for the men.

SEE MORE IN SPORTS ON PAGE 21



JOHN WOODS/THE CANADIAN PRESS

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Paying it forward: Woman wants to return 'wad of cash'

Finders keepers? Cash will buy Christmas toys for charity if unclaimed



SHANE GIBSON

shane.gibson@metronews.ca

If you ever happen to lose cash in the streets of Winnipeg, Jolene Olive is the person you want coming along behind you to find it.

Last week the 33-year-old mother found a "wad of cash" next to a parking meter on Albert Street and now she's on a mission to return it.

"I'm excited to find the person," she told Metro, explaining she's passing on good karma she benefited from last year. "I was knocked down in the street by someone who had mugged someone else ... and my new glasses fell off. Three or four days later I found my glasses sitting on the street — someone had obviously put them aside in case I came back for them."

"I want whoever lost this money to feel the same way I did when I found my glasses."

Olive found the cash around

To make a claim:

If the wad of cash is yours — really yours — send an email to winnipeg@metronews.ca with the exact amount you lost and a description of how it was held together.

1 p.m. on Dec. 4, and since then she's called Toad Hall Toys and the Exchange District Biz in hopes whoever dropped it had reported it.

She isn't too surprised that hasn't happened.

"I'm sure if I lost a bunch of cash I would assume that it was just gone," she laughed.

Olive would only say the found cash is less than \$200 but more than \$100 — she's keeping the exact amount a secret, to make it easy for the real owner to identify it. She also said only the person who dropped it will be able to describe exactly how the wad was held together.

If she isn't able to track down the owner in the next couple weeks, Olive is going to use it to buy Christmas toys for Winnipeg Harvest.



Jolene Olive, 33, wants to return a lost wad of cash she found on Albert Street last week. SHANE GIBSON/METRO

SHOW response leaves organizer 'speechless'



Musician Sierra Noble.

IAN MCCAUSLAND/CONTRIBUTED

Anyone who knows Ron Cantiveros knows it's a rare day when he is able to describe himself as speechless, but that's exactly how the Filipino Journal publisher says he feels after the success of last week's (SHOW) For The Philippines.

About \$50,000 was raised by Friday's "super show"

which saw 15 performers take the stage to raise money for relief efforts in the Philippines, in the wake of Typhoon Haiyan.

"I'm extremely grateful," Cantiveros told Metro Sunday. "It went unbelievably well and it was a really, really great night for everyone involved."

About 600 people packed

into the Burton Cummings Theatre for the show, bringing in at least \$10,000 through ticket sales alone. Cantiveros said the rest of the money raised came from two large corporate donations, merchandise sales and a 50/50 draw.

But because the federal government has promised to

double all money donated to the Philippines, the night actually means \$100,000 will go directly to the Canadian Red Cross's relief efforts in the country.

Even if you couldn't make the show, donations can still be made to the effort by going to filipinojournal.com.

SHANE GIBSON/METRO



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1 NEWS

No new tax? City can balance books, even find surplus for 2014: Fielding

Despite the recent dump of snow, Coun. Scott Fielding believes the city will balance its books by the end of the year and could even carry a surplus, thereby negating the need for a 2.95 per cent property tax increase.

The city's latest financial report — with the October numbers — pegs the deficit at \$3.7 million; however, there is still money coming in.

Fielding said that over the last five years, the "overall average pickup in the last two months of the year is \$7.88 million.

"I don't have a crystal ball, I don't know what's going to happen (with) December snow, but I just think on a five-year data average, you're going to have more money that you're going to be able put into '14," said Fielding after Friday's Winnipeg Police Board meeting.

"How you decide to use that, whether it's to freeze taxes or do something else,



Coun. Scott Fielding
BERNICE PONTANILLA/METRO

I guess is up for debate with council ... I think you can do this without impacting services."

However, Fielding did acknowledge that previous snowstorms of similar size have cost the city about \$4 million dollars, though these have included the priority-three residential roads.

BERNICE PONTANILLA/METRO

Reportedly stolen

Teen faces charges after crashing into police vehicle

A teenager faces a number of charges after a stolen truck crashed into a police cruiser Thursday night in Winnipeg.

Police say a patrol unit spotted a truck that had been reported stolen a short time earlier and stopped the vehicle.

They say the suspect tried to escape by quickly reversing and an officer had to run to avoid being hit.

The truck crashed into the cruiser and caused significant damage.

The suspect kept reversing the truck, which eventually deflected off the cruiser and hit a pole.

A 16-year-old youth faces charges of assaulting a peace officer with a weapon, flight while pursued by a peace officer and theft of a motor vehicle.

He is also accused of driving without a valid licence and driving without insurance.

He was taken to the Manitoba Youth Centre.

THE CANADIAN PRESS/CTV WINNIPEG

Top cop defends photo radar in face of declining support

'Safety issue.' Chief Devon Clunis said answer to avoid ticket simple: 'Don't speed'



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

The city's police chief said he's committed to the photo radar and red-light camera enforcement programs, despite falling support among Winnipeggers.

Chief Devon Clunis and other members of the Winnipeg Police Board were given the results of a survey taken earlier this year at their Friday meeting.

Among the survey's findings: 75 per cent support for photo radar, down from 82.9 per cent in 2007, and 79.6 per cent support for the red-light camera photo enforcement, down from 87.9 per cent in 2007.

"Maybe the decline in support is simply because more people are getting tickets at this point in time and that doesn't mean we move away from it," said Clunis after the board meeting wrapped up.

"This is a public-safety issue and I don't anticipate that everyone will be on board with it."

Asked if the drop in support could be due to campaigns by anti-photo-radar groups in the city, Clunis said "that might be the case, but I'll state this very clearly: If people don't want to receive a photo-radar ticket, simply don't speed."

"If I had 100 per cent of the public that was against



Winnipeg Police Chief Devon Clunis said he stands by the city's photo radar and red light camera enforcement programs.
BERNICE PONTANILLA/METRO

it but I know that it's a safety initiative, and it's bringing safety, the culture of safety that I'm talking about, we don't just bend because of that," he added.

"It's the right thing to do, right now ... simply because support is declining doesn't mean that we pull it."

Overall, the survey found that 52.3 per cent of Winnipeggers felt the police were doing a good job, with about another 17 per cent saying they were doing an excellent job.

Follow Bernice Pontanilla on Twitter @MetroBee

North District project

Police budget

Chief Devon Clunis said he was surprised that the North District police station project has been pushed back to 2017 from 2014/15.

Coun. Ross Eadie, whose Mynarski ward is planned to include that station, pleaded with the Winnipeg Police board Friday to get that project back on track.

Another councillor, Transcona's Russ Wyatt, mused last month that officers covering the north

part of the city could work out of the new Winnipeg Police downtown headquarters.

Clunis nixed that idea. "The downtown facility would not actually be able to house all of those officers from Division 13," he said, adding that residents deserve to have a station nearby.

The board approved the police portion of executive policy committee's preliminary 2014 operating and capital budgets.

BERNICE PONTANILLA/METRO

Lite Up a Life with the ALS Society of Manitoba

Help to light the bulbs on the trees in the front yard of the Brummitt-Feasby ALS House, 106 Kirby Drive.

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Canada's ambassador to the U.S., Gary Doer, says the biggest influence in American politics is money. THE CANADIAN PRESS

Money the bane of U.S. politics, says ambassador

The almighty dollar. Envoy decries lengthy budget feud, politicians trawling for donations

Canada's ambassador to the United States took aim at American politics Friday by saying the country has spent the last four years "lurching from one (budgetary) crisis to another" and by criticizing the influence money has on politicians.

Gary Doer told a gathering in his Manitoba hometown that there have been five budgetary challenges since he was posted to Washington in 2009 and a sixth one is looming.

Not perfect, but ...
"I'm actually very, very pleased that money is a lot less important in public affairs and politics in Canada."

Gary Doer, Canada's ambassador to the U.S.

"Do you know in four years, there hasn't been a budget passed in the United States on the Hill?" Doer told about 300 people at the Canadian Club of Winnipeg. "There is one from the president. There is one from the Senate. There is one from the House and never the twains meet."

Doer pointed out that in a

parliamentary democracy such as Canada's, a successful non-confidence vote on a budgetary matter triggers the fall of a government. That's not the case in the United States.

"In the United States, if you vote against a budget and you defeat a budget, it doesn't matter," Doer told the crowd.

Doer also noted the influence money has in U.S. politics. Some 435 members of Congress are up for re-election every two years and, before they arrive at the office each day, they make dozens of phone calls to raise money to fund their political ambitions, he said.

It costs \$1 billion to run for president, Doer added.

THE CANADIAN PRESS

CHILI FROM THE HEART WARMS BOWLS, PEOPLE



WHAT'S GOOD
Ace Burpee

A few weeks ago I was at a Jets game with my Dad and watched an organization called "Chili From The Heart" being honoured on the jumbotron.

At every game there is a "Hometown Heroes" segment that highlights exceptional community service.

I've known every one of them I've ever seen featured. It's my job to know. Chili From The Heart, however, I wasn't familiar with.

Very poor on my part. In fact, they should have been

included on my list of Most Fascinating Manitobans of 2013 — but they were not. That's a wrong I will right, right now.

Chili From The Heart is the child of Craig and Darlene Phillips, a mission to provide our city's homeless and hungry with hot bowls of chili and warm winter clothing.

And provide they have.

In just under a year, they've served 15,000 bowls of chili. All the ingredients are donated, along with generous amounts of new clothing for those on the streets.

Think of how cold we felt this weekend. And this

morning. Yet WE had somewhere warm to go, warm food to eat and something warm to wear. Not everyone is so lucky.

It is for those people that Chili From The Heart provides.

I spoke with Tina Scowen yesterday, who volunteers with the charity.

"We'll be at Main Street Project this Saturday with 500 bowls of chili ready to serve," she said, "40 or not."

If you want to be a part of the movement, go to facebook.com/chilifromtheheart.

Stay warm. Be well.

ACE BURPEE IS A LOCAL WRITER, PRODUCER, RADIO-SHOW HOST AND SUPPORTER OF ALL THINGS GOOD

Thirty years ago

Ex-Mountie faces sex-abuse charges

A retired Mountie has been charged with sexually abusing a girl more than 30 years ago while posted in Manitoba.

The man, now 76, was arrested at his home in Nova Scotia earlier this week. He is being transported to Manitoba to face charges of gross indecency and indecent assault.

RCMP say they received a complaint from a woman, a relative of the accused, alleging the man abused her between 1976 and 1981.

She was between nine and 14 years old at the time.

RCMP say the man retired from the force more than 20 years ago.

THE CANADIAN PRESS

\$40 million. Cancer clinic to provide more direct care

Manitoba has unveiled a \$40-million urgent-care clinic and helpline for cancer patients.

The government says the clinic beside Winnipeg's Health Sciences Centre should reduce wait times and improve communication.

Patients with cancer symptoms or treatment side-effects

will no longer have to go to a hospital's emergency room or wait for an appointment with an oncologist.

The province says the helpline has already been operating for a few weeks and nearly 100 calls have come in.

It says the average wait time at the clinic is about 25 minutes. THE CANADIAN PRESS/CJOB



A room in the new clinic. COURTESY CANCERCARE MANITOBA

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Bahrain, Algeria, Iraq get new exports of Canadian guns, ammo

Arms control. Canada has yet to sign the UN Arms Trade Treaty, an attempt to regulate the multi-billion-dollar industry

Bahrain, Algeria and Iraq, countries with dubious human-rights records or a history of violent internal conflict, have recently become new

buyers of Canadian-made guns and ammunition, an analysis of federal government data shows.

The analysis by The Canadian Press found that Canadian exports to those countries swelled by 100 per cent from 2011 to 2012, the most recent figures publicly available.

During the same time period, exports of Canadian weapons also increased to Pakistan (98 per cent), Mexico (93 per cent) and Egypt (83 per cent), where, respectively,

al-Qaida terrorists, a deadly government war on drug cartels and seismic political upheaval have sparked violence.

Though Canada's arms trade is legal and regulated, analysts say the increases raise questions about the government's foreign-policy commitment to human rights, and its regulatory regime for arms exports.

"Diversification is a principle of business in this globalized economy. As we see western militaries decrease their

Biggest export

Canada's leading customer by a massive margin is the U.S., where annual exports have averaged \$190 million over the last decade.

defence budgets, military industries will be looking for new markets," said Walter Dorn, the chair of international affairs studies at the Canadian Forces College.

Canada's sales to Bahrain and Algeria skyrocketed from 2011 to 2012 — a period during which both countries suppressed pro-democracy democratic protests. "It is really strange timing that Canada would be increasing a sale of arms or military equipment, let's say, at this moment when Bahrain has been involved in violently repressing its own peaceful democracy demonstrators," said Roland Paris, director of the Centre of International Policy Studies at the

University of Ottawa.

The Canadian Press provided a list of questions to the offices of International Trade Minister Ed Fast and Foreign Affairs Minister John Baird, but a reply from Foreign Affairs left many unanswered.

Foreign Affairs carefully reviews all exports of weapons to ensure they "do not contribute to national or regional conflicts or instability" or "are not used to commit human rights violations," the statement said.

THE CANADIAN PRESS



Rehtaeh Parsons vigil: Mourners gather in Halifax

Leah Parsons, centre, hangs an ornament on a Christmas tree during a vigil in honour of her daughter Rehtaeh as partner Jason Barnes looks on. Rehtaeh, who took her own life last April after being bullied over an alleged sexual assault, would have turned 18 today.

RUTH DAVENPORT/METRO IN HALIFAX

Sensible B.C.'s campaign. Petition to force pot referendum unsuccessful

There was plenty of smoke, but ultimately no fire for Sensible B.C.

Campaign organizer Dana Larsen confirmed Sunday that the "citizen's initiative for a referendum on decriminalizing marijuana possession" has failed ahead of Election B.C.'s Monday deadline.

"We're not going to make it," said Larsen. "We're very proud of our team of canvassers and what we accomplished; 200,000 signatures is still a remarkable feat."

Larsen and his team needed to collect the signatures of 10 per cent of registered voters in every single one of B.C.'s 85 electoral districts in a 90-day period for the initiative to be a success.

"We're not done counting yet and there are last-minute



Members of the Sensible B.C. campaign beside the Cannabus, their mobile headquarters.

JENNIFER GAUTHIER/METRO FILE

signatures coming in, but it looks like we reached the threshold in about two dozen ridings," said Larsen.

That's well shy of the 85 required, though Larsen says they reached two-thirds of their goal.

MATT KIELTYKA/METRO IN VANCOUVER

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Photos courtesy of Scott Ramsay.

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South Africans unite to remember Nelson Mandela

Farewell to a hero.

Mourners of all races come together to celebrate the man called 'that moonlight in the dark night'

In death, Nelson Mandela unified South Africans of all races and backgrounds Sunday on a day of prayer for the global statesman — from a vaulted cathedral with hymns and incense to a rural, hilltop church with drums and dancing.

Mandela was remembered in old bedrocks of resistance as well as former bastions of loyalty to apartheid.

"May his long walk to freedom be enjoyed and realized in our time by all of us," worshippers said in a prayer at the



People hold hands as Reverend Ndumiso Gawe leads them in prayer outside the home of former president Nelson Mandela in Johannesburg, South Africa, Sunday. South Africans flocked to houses of worship for a national day of prayer and reflection to honour Mandela, kicking off planned events that will culminate in what is expected to be one of the biggest funerals in modern times. MATT DUNHAM/THE ASSOCIATED PRESS

majestic St. George's Cathedral in Cape Town, where the first white settlers arrived centuries ago aboard European ships.

South Africa's reflection on Mandela's astonishing life was a prelude to a massive memorial in a Johannesburg stadium

Tuesday that will draw world leaders and luminaries. They will gather to mourn, but also to salute the achievements

of the prisoner who became president and an emblem of humanity's best instincts.

The extended farewell ends

Dec. 15, when Mandela is to be buried in his hometown of Qunu in Eastern Cape province.

The anti-apartheid campaigner wanted to die in those modest, traditional surroundings; instead, he died Thursday at age 95 in his home in an exclusive Johannesburg area. He was surrounded by family after months of a debilitating illness that required the constant care of a team of doctors.

The Rev. Sebastian J. Rossouw compared Mandela to the biblical figures Isaiah and John the Baptist as men who led in dark times, calling him "that moonlight in the dark night."

God "sent us this man to show us the depths of the human heart, he sent us this man to show us that despite what was going on at the time, light could shine," Rossouw said.

THE ASSOCIATED PRESS

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Thailand

Political crisis deepens

Thailand's main opposition party resigned from parliament on Sunday to protest what it called "the illegitimacy" of an elected government with which it can no longer work.

The move deepens the country's latest political crisis as new street demonstrations are set to begin which many fear could turn violent.

THE ASSOCIATED PRESS

Germany

President boycotts Sochi

German President Joachim Gauck is boycotting the Winter Olympics and will not travel to Sochi, Russia next year. The decision is to protest against human rights violations and harassment of Russian opposition political figures. Gauck is an outspoken critic of Russia's human-rights record.

THE ASSOCIATED PRESS

Ukrainian anti-government protesters rally in Kyiv

Revolution of dignity.

Solution to the crisis appears elusive with the Russian-aligned government making no concessions

Quoted

"I am convinced that after these events, dictatorship will never survive in our country."

Opposition leader Vitali Klitschko. The protests have an anti-Russian component as Russia worked to derail the EU deal.

Angry anti-government protesters toppled a statue of former Soviet leader Vladimir Lenin in the centre of Kyiv on Sunday and blockaded key government buildings amid huge street protests, raising the stakes in an escalating standoff with President Viktor Yanukovich.

The biggest protest in the former Soviet republic since Ukraine's pro-democracy Orange Revolution in 2004 led the government to fire back. It announced an investigation of opposition leaders for an alleged attempt to seize

power and warned the demonstrators they could face criminal charges.

The West pressed for a peaceful settlement.

Hundreds of thousands of Ukrainians flooded the centre of Kyiv to demand Yanukovich's ouster after he ditched ties with the EU in favour of Russia and sent police to break up a protest. Packing Independence Square as far as the eye could see, Ukrainians waved European Union flags and sang the national anthem. THE ASSOCIATED PRESS



Ukrainian protesters smash a statue of Lenin after toppling it, in Kyiv, Sunday. EFREM LUKATSKY/THE ASSOCIATED PRESS

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Research. Drug from viper venom may prevent cause of heart attacks, strokes

It's one of the world's most poisonous snakes, and researchers hope the venom of the viper dubbed the "hundred pacer" can provide a medication to help prevent one of the world's leading killers.

A team of researchers has purified a protein from the snake's venom to develop an experimental drug aimed at preventing blood clots that can cause a heart attack or stroke.

The venom from the Southeast Asia pit viper is so potent that it is referred to by local residents as a hundred pacer —

Quoted

"The concept that we can harness something potentially poisonous in nature and turn it into a beneficial therapy is very exciting."

Dr. Heyu Ni, of Toronto's St. Michael's Hospital involved in the drug's development.

based on the belief that someone who is bitten will be able to walk no more than 100 steps before dying. **THE CANADIAN PRESS**



Venom is extracted from a Southeast Asian viper, which may help prevent heart attacks and strokes. ST. MICHAEL'S HOSPITAL, HANDOUT/THE CANADIAN PRESS

Public prayer

Pope gives voice to 'cries of the poor'

Pope Francis, in the heart of Rome's fanciest shopping district, prayed on Sunday that the poor are never forgotten.

His appearance at the foot of the Spanish Steps follows a papal tradition of public prayer before a statue representing Mary on Dec. 8, a church holiday honouring the mother of Jesus.

That date also marks the



A statue of the Virgin Mary
THE ASSOCIATED PRESS

official start of Rome's Christmas shopping season. Francis' route from the Vatican took him down Via Condotti, which is lined with swank designer stores. He prayed aloud that people "never be left indifferent to the cries of the poor." **THE ASSOCIATED PRESS**

Eggciting idea: I can't believe it's not mayo!

Which came first, the chicken or the egg?

Hampton Creek Foods hopes the answer is neither, as it aims to find plant-based alternatives for foods such as mayo

The startup is housed in a garage-like space in San Francisco's tech-heavy South of Market neighbourhood, but it isn't like most of its neighbours that develop software, websites and mobile-phone apps. Its mission is to find plant replacements for eggs.

Inside, research chefs bake cookies and cakes, whip up batches of flavoured mayonnaise and pan-fry omelets and French toast — all without eggs.

Funded by prominent Silicon Valley investors and Microsoft founder Bill Gates, Hampton Creek Foods seeks to disrupt a global egg industry that backers say wastes energy, pollutes the environment, causes disease outbreaks and confines chickens to tiny spaces.

The company, which just started selling its first product — Just Mayo mayonnaise — at Whole Foods Markets, is part of a new generation of so-called food-tech ventures that aim to change the way we eat.

"There's nothing to indicate that this will be a trend that will end anytime soon," said Anand Sanwal, CEO of CB Insights, a New



Trying to crack open a new market — CEO Josh Tetrick holds a species of yellow pea used to make Just Mayo, a plant-based mayonnaise, at Hampton Creek Foods in San Francisco. ERIC RISBERG/THE ASSOCIATED PRESS

Possible benefits

Proponents of plant-based alternatives say there are many advantages:

- Alternatives to eggs, poultry and other meat could be good for the environment because it could reduce consumption of meat, which requires large amounts

of land, water and crops to produce, backers say.

- It could also benefit people's health, especially in heavy meat-eating countries like the U.S., and also reduce outbreaks of diseases such as avian flu, advocates claim.

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Y NOT DIVE INTO REC DEVELOPMENT?

Throughout most of its 130-year history in Winnipeg, the YMCA-YWCA has gone about its business in a relatively quiet manner, with the big splashes mostly taking place in its pools.

But a bold proposal to build three new Y facilities across Winnipeg over the next several years has the organization poised to play a much bigger role in providing recreation services in the city.

In a nutshell, the plan is to construct new Y buildings in three areas that are currently underserved by recreational complexes: The southwest, northeast (Transcona) and the northwest.

The total investment would be \$140 million over 11 years, shared equally by the city, province and the Y itself. Pending council approval, the city's portion of the funding would start with a \$1.75 million grant from next year's budget to kick-start the development plan.

With numbers like that, it's clear the city isn't just dipping its toes in the water with respect to partnering with the Y, this



URBAN COMPASS
Colin Fast
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is a cannonball off the high dive. But make no mistake, the plan is far from complete.

First, let's look at what could be built. In contrast to the city's own dated and uninspired aquatic facilities, modern recreation buildings are bright, airy and fun. For an example, just look to Brandon, where the \$18-million Dood Cristall Family YMCA opened at the end of August with amenities like a leisure pool, lap pool, water slide, lazy river, fitness area, full-size gymnasium and indoor play structure.

Second, consider the alternative. If left to develop new facilities on its own, it could take the city decades to complete a build-out of this scale. And given how major construction projects have been managed by the civic administration lately (e.g. fire halls, police headquarters), it might be a good idea to delegate project management to an experienced facility operator.

Finally, let's evaluate the partner. The Y has an established track record of running four, full-service recreation facilities

in Winnipeg, in addition to a youth activity centre in the North End and two summer camps outside of the city.

Thanks to its charitable status and extensive use of volunteers, the Y can operate many programs more efficiently than the city, and maintains user fees that are on par with city facilities. It even offers discounted memberships for individuals and families who require financial assistance.

And beyond its "gym and swim" infrastructure, the Y is also the province's largest child-care provider and offers a number of social-support programs focused on employment, language, youth leadership and neighbourhood connection.

This isn't a private operator with sketchy credentials (recall the Forks water park proposal) looking to make a profit, but a long-standing charity with a proven history delivering quality programming.

Councillors are right to ask questions about how this plan fits into the city's overall recreation strategy. But they should ultimately recognize that a partnership with the Y is an investment in building community in a way the city could never do on its own. As such, all of council would be wise to get in the pool.

ZOOM

One team caves in first



CHRISTOPHER FURLONG/GETTY IMAGES

Cricket goes deep in the ground

The world's first underground cricket match has taken place in a slate mine under a mountain.

The unique sporting fixture saw village clubs Caldbeck and Threlkeld play 600 metres (2,000 feet) deep inside England's last working slate mine at Honister in the English Lake District.

METRO

The treasurer says

"It was murky, water was dripping off the sides of the mine, the ground was muddy and the balls kept ricocheting off the walls. But it was a nice game, despite our team losing."

Michael Webster, treasurer of Threlkeld Cricket Club
The match was won by Caldbeck after they scored 28 runs with one over and four balls to spare.

Club raises money with extreme game

In June 2012, Threlkeld was hit by a flood that wrecked the club's cricket ground. To raise money to fix it, the club invented Extreme Cricket: Matches played in unusual locations, the photos of which are made into a calendar sold online. With proceeds from their site rainstoppplay.org, Threlkeld hopes to have their ground ready in August. METRO

Where else?

- The game has also been played on a frozen tarn; on a mountain in the Lake District; on top of a steam engine; underwater in the local Derwent River; and inside a local theatre.
- The cricket club says it has no plans to export the quirky game overseas.



CONTRIBUTED

WE ACT: CANADA DOES GOOD

Theatre for Peace

Across the nation in our neighbourhoods, Canadians are up to a whole lot of good. Here's one we'd like you to meet.

Who: Tahirah Stanley, 24, (pictured) actor and activist, from Toronto.

What: Theatre for Peace, a youth-empowering performing arts program.

Why: "Theatre has a way of really encouraging people to step outside their comfort zone and develop confidence — that's what it did for me," says Stanley.

Two years ago, Stanley started Theatre for Peace, a program that engages Toronto teens to combine their interests for the arts with their passions for social issues. Eight to 10 youth participate in each 12-week course, choosing

issues to focus on and working with industry experts to create performances to share with the community — from poetry to rapping to dancing.

What inspired you to get started? "Theatre is really, really important in my life. I wanted to be a positive role model to youth in my neighbourhood, and I thought they would benefit from being connected to people outside their immediate community."

What motivates the work you do every day? "The youth that I work with are amazing! It really fuels my soul to see the change and the impact in these youth. It makes me happy to see other people happy, and to see them flourishing and becoming confident people."

CRAIG AND MARC KIELBURGER

WE WANT TO HEAR FROM YOU: Send us your comments: winnipegletters@metronews.ca

It took a dragon to drag actress Evangeline Lilly out of retirement

The Hobbit: The Desolation of Smaug. She was done with her profession, then Peter Jackson called



RICHARD CROUSE
scene@metronews.ca

The show *Lost* propelled Evangeline Lilly from unknown model to television star.

For six seasons she played Kate Austen on the hit series, earned a Golden Globe nomination, numerous Sexiest Women in the World titles and became the face of L'Oréal Paris.

But the trappings of fame didn't sit well with the Alberta-born actress.

"I'm a small town Canadian girl," she says. "It just doesn't jive with me."

So instead of looking for the next big thing following *Lost*'s 2010 finale, she took a step back.

"My resolve to retire came when I realized it was actually the job itself that was killing me. I'm a very undramatic woman. I keep my life very simple. I don't have a lot of emotional energy to spend. I don't argue with my spouse. I don't make drama where there doesn't need to be any. I don't



Evangeline Lilly plays the 600-year-old wood elf Tauriel in *The Desolation of Smaug*, opening Friday. CONTRIBUTED

have girlfriends who are dramatic. I just can't stomach it.

"Having a job that required that I be at the height of drama emotionally for 14 hours a day, all day, every week for six years running was doing bad things to my health, to my psyche. I wasn't in a good place. I really believe if you're not happy, get out. It doesn't matter how much someone is paying you

or how famous you've become, it's not worth it if you're not happy and you're not healthy."

It took Peter Jackson and a plum role in *The Hobbit: The Desolation of Smaug* to bring her out of self-imposed seclusion.

"When they asked me I was three months out of giving birth to my first son," she says. "I thought I had retired to a life

of writing and motherhood. I thought I was done with acting. And then he called. I thought, 'This is too huge of an honour. I can't say no to this. This is something I had dreamed about since I was a little girl,' so I took the job."

In the action-adventure she plays Tauriel, a 600-year-old wood elf created specially for the film. She says the character

is "driven by her desire to help the vulnerable and the weak."

We'll see her again as Tauriel next year in *The Hobbit: There and Back Again* and after that, who knows, although she says, shooting *The Desolation of Smaug* in New Zealand was "such a positive experience that it has actually changed my mind about my profession."

On powerful females

- **Evangeline Lilly likes the soft side of her current role.** "One of the things I struggle with, with powerful female roles in the media right now, is that often they are associated with male violence. If a woman can kill and slaughter like a man then suddenly she's a powerful woman, which I actually think diminishes her power. I don't think that makes them powerful. I like that this character is a softhearted compassionate elf driven out of her need for justice and her seeking of the truth. I think that is more a distinct female power. I think in the past vulnerability and compassion have been associated with weakness and I think they give a woman her power."

2 SCENE



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Lupe Fiasco's new album comes out in early 2014. GETTY IMAGES

Rapper Lupe Fiasco is all about the love these days

New album. Fiasco says his new album is darker, but his first single, *Old School Love*, shows a soft side

EMILY
LAURENCE
Metro World News in New York City

Lupe Fiasco's fans call him the "realest rapper."

The artist has never been shy about using his songs to speak his mind, especially when it comes to politics and social issues. So teaming up with Ed Sheeran to sing about love might come as a surprise.

"I was a little hesitant at first," Fiasco says about his collaboration with the red-headed Brit on his new single, *Old School Love*.

"My friend Guy Sebastian,

who did *Battle Scars* with me off my last album, told me I had to do it."

It's good Fiasco took his friend's advice. The song is in heavy radio rotation and is steadily climbing the charts.

Old School Love is the first single off Fiasco's upcoming album, *Testuo and Youth* (out early 2014), which the rapper says is darker than his past four albums.

"*Old School Love* is a very soft song, but the rest of the album is a bit harder and more aggressive. I didn't want to make a soft and fluffy album," he says.

Unlike his last album, Fiasco is steering clear of politics on his new record, but the tracks are by no means "safe." One song, *Crack*, is about crack cocaine, and in *Blur My Hands*, he raps about road rage.

"The song is about people flipping you the

bird, but it's about taking that and saying you're actually No. 1."

Fiasco is previewing his new songs on the tour, but he'll of course be showcasing his old hits like *Kick Push* and *Superstar* — and he will be paying close attention to the audience to see who knows the words.

"One of my most memorable fan encounters was of this guy who was a couple of rows from the front and he knew the words to every song — even the small weird songs and the limited edition songs," Fiasco says.

"I ended up bringing him on stage."

Now that Fiasco's been on the scene for a while, he's using his fame to introduce new talent at his concerts.

Mickey Factz, New Orleans rapper Dee-1 and Chicago-based Boy Illinois are all

Quoted

"One of my most memorable fan encounters was of this guy who was a couple of rows from the front and he knew the words to every song — even the small weird songs and the limited edition songs."

Lupe Fiasco

sharing the stage with Fiasco throughout the 32-city tour.

"They've just been killing it," Fiasco says.

"Now that I'm a sort-of veteran, I'm more excited about seeing my homies come up and shine than I am about playing stadiums or seeing people jump around."

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Why Big Ang is (mostly) for real

Living large. Apart from the obvious, the Mob Wives star doesn't know how to be fake

ALEXANDRA
CAVALLO
Metro World News

In reality TV, everything is larger than life — big drama, big personalities and, well, big boobs. Mob Wives star Angela “Big Ang” Raiola fits that bill, and hers are bigger than most.

If you ask Ang, she actually doesn't care for the drama. But good times, plastic surgery and booze — she just came out with her own line of wines, Big Ang Wines — are a different story. We got Ang and longtime family friend and Mob Wives producer Jenn Graziano (sister of cast member Renee Graziano) on the line to ask them a few questions about the show, which is now in its fourth season.

Ang, when Jenn asked you to be on the show, what was your initial reaction?



Angela “Big Ang” Raiola is one of the stars of Mob Wives. GETTY IMAGES

Ang: I was very nervous. When she said, “We’re going to put you on TV,” I thought, there is no way, I don’t know how to do that.

Jenn: She exploded immediately. It was like instant fame, instant stardom. They all loved her right away. We knew what was going to happen, she didn’t believe but we did.

From what we see on the show, your personality is larger than life. How much of this is real and how much is you putting it on for the cameras?

Ang: All of it, it really is all true stuff. I am like that.

Jenn: One hundred per cent. I don’t think Ang knows how to be fake.

Ang: That’s me everyday. That’s been me my whole life. Always working in bars, you have to have that personality all the way.

Is everything that happens on the show real?

Ang: Oh no, our show is very real. Sometimes a little TOO real.

Jenn: Yeah, she’s right. Sometimes we wish those things weren’t really happening. But they are. We really follow what’s going on in their lives. And obviously we can’t follow everything so we pick and choose what we think the viewers would want to see sometimes, but really this is what’s going on, when the girls are fighting on camera, they are really fighting off camera too. When they’re getting along, they are really getting along.

Was it hard at first, Ang, putting your life on TV? Was that a major adjustment?

Ang: It was hard when my son had his problems and it was on TV... but maybe it could help another kid.

Have you had any backlash from the show? When Jersey Shore came out, people from Jersey were furious about how they were portrayed.

Ang: Honestly, I think everyone in Staten Island likes us. Maybe there are a couple of haters, but no one important. All the important people are proud of us.

Review

Blackbar

By Neven Mrgan
and James Moore

iPhone/iPad/Android

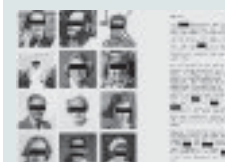
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MIND THE APP

Kris Abel
@RealKrisAbel
scene@metronews.ca

With their letters censored by a sinister authority, two friends must constantly invent covert ways to communicate. To follow along you have to type in their redacted words, guessing at what’s being said and treating each page like a riddle. As the codes become more complex the story remains witty and moving, a sharp reminder of the freedom privacy protects.



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Selena Gomez

Gomez throws a tantrum

Selena Gomez didn't have the jolliest of times at KIIS FM's 2013 Jingle Ball over the weekend. The actress and singer got tripped up by a technical issue, prompting her to drop an F-bomb in front of a crowd of mostly children, according to Us Weekly.

"Sorry, the sound isn't working," Gomez shouted to the crowd.

"I promise, a lot cooler people are going to come out tonight. Is it OK if I perform two more songs and you guys can get to it?"

Gomez then struggled through another track before storming off the stage without finishing her set.



Lindsay Lohan

Lohan up to her old tricks?

Lindsay Lohan may or may not be reverting to her old habits, but she's definitely spending time with old friends, as the troubled starlet has been tearing up Miami with former assistant and clubbing pal Gavin Doyle, according to Radar Online.

"Miami is not the best place for Lindsay to be because of all of the temptations. It's not a good sign for her recovery that she is choosing to hang out with Gavin," a source says. "Lindsay and Gavin were out until the wee hours of the morning at Art Basel parties on Wednesday and Thursday night. Lindsay and Gavin chain-smoke everywhere they go. Gavin was bragging to friends that they didn't go to sleep until after 4 a.m."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Sharon Osbourne finds a new way to scare us all



STARGAZING
Malene Arpe
scene@metronews.ca

Sharon Osbourne shares that "it was just excruciating" having her lady-parts tightened by a surgeon. What? I didn't hear because I was distracted by the excruciating pain of sticking an ice pick in my ear. I have a feeling it was worth it, though.

Glamour UK names Henry Cavill the sexiest man of 2013 with Robert Pattinson and Liam Hemsworth in second and third spot, respectively. Tom Hiddleston is number four... I apologize. That is the dumbest thing I've ever heard. In no realm are

Superman, Sparkle Vamp and Not-Peta sexier than Loki. This list is obviously fake and stupid and I will say no more about it.

Joe Jonas says that he first tried pot when he was 17 and lost his virginity at 20. That explains why Miley Cyrus and Justin Bieber just laughed so hard they threw up on their own shoes.

Barbara Walters' Most Fascinating People list is comprised of an actress, an anchor, a pope, a prince, a swimmer, a singer, a data-leaker, a Kimye and some bearded duck people. Said John le Carré: "I smell a bestseller."

Olympic diver Tom Daley says that he's in a happy relationship with a guy while actress Maria Bello reveals she has a girlfriend. Dammit. That's not who I picked for the 2013 celebrity sexual orientation derby bifecta.



Paul Walker. ALL PHOTOS GETTY IMAGES

Trying to make off with a piece of history

What kind of a ghoulish creep does something like this? Sorry. Alleged ghoulish creep. According to E! Online, after Fast and Furious star Paul Walker's fatal crash, the parts of his totaled Porsche were gathered in a truck for transport to the impound yard.

Unfortunately, when the truck was stopped at a light, a witness saw a man get out of his car and grab a piece of the wreckage.

"The male drove away with the stolen vehicle part,"

the report said.

Luckily, police were able to trace the man and they tracked down the stolen part. One suspect, Jameson Witty, was arrested in his home in Tujunga, Calif. The car part, a roof panel, was found in a different home.

Police are apparently arranging for a second suspect to turn himself in.

Walker died in a car accident Saturday afternoon in Los Angeles, his rep confirmed. He was 40 years old.

MELINDA TAUB/METRO

Doctors warn Bynes off going to school

Finally out of psychiatric treatment, Amanda Bynes is eager to go back to school for fashion design, but apparently her doctors think she shouldn't.

"Amanda was told by her doctors that going to fashion school so soon after being released from the Canyons (treatment facility) is an absolutely terrible idea," a source tells Star magazine. "It's almost setting her up for failure. There will be pressure on Amanda as far as school work, deadlines, and it's unlikely she will be able to succeed."



Amanda Bynes

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News worth sharing.

Kicking it old school

Parents not keen on reading e-books

Children's storybooks are in no danger of becoming extinct, suggests a report on how kids and parents are embracing e-books.

Based on the results of online surveys conducted for Booknet Canada, a non-profit industry organization that

tracks sales and trends, it appears parents and children aren't eager to give up on the time-honoured tradition of flipping through paper books in favour of swiping around in digital content.

Of the more than 800 parents interviewed, about 41 per cent said they currently read e-books. More than 200 teens between 14 and 17



were also polled (with their parents' permission) and 27 per cent said they were e-book readers.

But few indicated they actually prefer digital books or could see themselves eschewing paperbacks for good.

Only one per cent of the parents polled said their kids aged 13 and under were at the point of reading more e-books

than print books.

The researchers also asked parents how their kids were using mobile devices.

The report suggests just over 60 per cent of kids aged three or four have access to an Apple or Google Android phone or tablet in their home. Among 11- to 13-year-old kids, about 80 per cent had a device in their home.

THE CANADIAN PRESS

Exclusively online

The Elf on the shelf is driving Mommy insane! Find out why with Metro content from Lyranda Martin Evans and Fiona Stevenson, authors of the hilarious, best-selling book *Reasons Mommy Drinks*, at metronews.ca/voices



Playing Santa on a budget

Gift giving. What do you do if your kid asks the Big Guy for something expensive? Metro's columnist has some ideas



IT'S ALL RELATIVE
Kathy Buckworth
Kathybuckworth.com

'Tis the season to be stressed out, falalalala lalalala yikes.

While Christmas brings a lot of happiness to families, it can also be a frantic time, and the biggest causes of stress (according to a recent Leger survey conducted for PCFinancial) are associated with gifts: the buying and the giving. Forty-one per cent of Canadians surveyed listed budget as their top source of holiday stress, which was matched by 41 per cent also indicating they felt stress over choosing just the right gift. Clearly, finding the balance between the two is difficult.

For parents, it can be especially challenging when dealing with children, par-



Forty-one per cent of Canadians surveyed by Leger indicated budget as their top holiday stress. ISTOCK

ticularly those who assume it's Santa bringing their gifts, not penny-pinching mom and dad. But what can parents do when they know the most desired gift is well outside of even Santa's budget?

Have the kids make out a wish list, and check it twice

to make sure they have listed more than one item. Budget or availability may make delivering that single desired object impossible. Explain to the kids that even Santa can be "out of stock" or have to spread his spending around.

Older kids (age seven-

nine) should understand the value of money, even if they are expecting Santa to bring gifts. Suggest to them they can contribute earned chore money, or money saved in a bank account, to leave out for Santa, who can pocket the cash and deliver a more

expensive gift in return.

Have a number and stick to it. It's easy to get stuck in the "evening out" trap when you have more than one child. If they are still counting the number of presents, fill some boxes with inexpensive candies or dollar store items.

The biggest joy of Christmas, according to the survey, is spending time with family (65 per cent), so it makes sense to give a (budget friendly) gift that families can enjoy together. Many kids ask for electronics, so look for one that can be shared.

Kobo has some terrific options to get families reading together, and its gift cards are an easy way to get new e-books, which can be given by other family members.

Cashing in loyalty points (as 46 per cent of Canadians say they will do) is a great way to purchase gift cards. A Cineplex gift card lets you share time at a movie with a family member. Give yourself a gift and deck those bills with vows of holiday savings.

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So you can't stand your friend's kids...



Julie Klam, author of *Friendkeeping*. SUBMITTED

He's the toddler who always bites. She's the 6-year-old drama queen prone to "it's mine" fits and hair-pulling. The problem, for you anyway, is they are your best friend's, your neighbour's or your exceedingly lenient big sister's kids.

With the holidays comes togetherness, sometimes thrust upon us. And with togetherness, especially the obligatory kind, comes major stress — for you and your kids. But friction over

the offspring of loved ones strikes all year-round, leading the grown-ups to ponder whether their adult relationships are worth it.

Julie Klam, a Manhattan mom and author of the new book *Friendkeeping*, believes middle ground is possible.

"Do the best you can to see them without their children, but when they are around, take the anthropologist's point of view: 'Hmm, that's interesting that the kid is standing on a table

throwing cheese at the wall,' instead of getting wound up in it," she said.

Looking for the worst in other people's kids, and by association other people's parenting prowess, is a road to nowhere, which may be where you land when things go dangerously wrong. But seriously troubled is different than the day-to-day grind of ill-mannered, bad-tempered kids and their parents who stand around and let it happen, by design or other-

wise.

"If you're in your head keeping score of how rude they are, or whatever the things are that happen, it makes it much worse," said Klam, who has a 10-year-old daughter.

And before you take the fatal step of severing ties, "Stop and try to figure out how much of this has to do with you and how much has to do with them," Klam suggested.

THE ASSOCIATED PRESS

He travels the world in search of nightmares

Adam the monster hunter. The career of a cryptozoologist combines both science and the supernatural

As one of the world's leading cryptozoologists, Adam Davies has pursued the death worm of Mongolia and the Mokele-mbembe lake monster of Congo, the Sasquatch and the Yeti. The British explorer spoke to us about the need to make his passion more respectable.

What is cryptozoology?

It's basically looking for unknown or undiscovered animals, and that for me is about working with credible scientists. It's a broad sphere and you have to dismiss some of it. If someone says they saw a unicorn in their garden I'm not interested, but if they saw a rare



Adam Davies is serious about a job that some might find silly. HANDOUT



Artist's rendering of the Orang Pendek.

CENTRE FOR FORTAN ZOOLOGY

primate in the jungle it's game on.

Where are your hunting grounds?

In the last year I've looked for Bigfoot in the US, and the Orang Pendek — the Sumatran ape-man. I've looked for the Congolese dinosaur for the BBC and the Yeti in Nepal. I've been almost anywhere on the planet, mostly on my own time and money.

What is your number 1

ambition?

I've always been interested in bipedal primates and if I could prove the Orang Pendek that would be the find of the century. We've come close to proving it with hairs and prints, most skeptics would accept it's highly plausible.

Are these species being covered up?

I don't believe so as I have worked with governments

on my projects. The problem is the species are very rare and elusive, as you would be if you were under threat.

Some of cryptozoology is just bizarre right?

It's a broad area and that's why it's important to work with credible scientists to corroborate findings. We need more rigor in the field, such as through sending hairs for DNA tests. But there is also a place for eccentricity. METRO WORLD NEWS

'Round the world wisdom

Facing adversity? Expectations can be a heavy burden

The severe market crash in October 2008 changed my life. I started running to regain my health, both emotional and physical. Shortly after I took my first steps, I ran the Gobi March in China in June '09, followed by the Atacama Crossing in Chile in '10 and the Sahara Race in Egypt in '11. In this post, I share a lesson about life, learned from the desert.



LESSONS FROM THE DESERT
Stéfan Danis
life@metronews.ca

I started the Gobi March hoping to finish it. I ran free of expectations for the first four days, each a marathon in length. Somehow, I ran it very fast. I wasn't paying attention to the results, simply grateful to be there, each day closer to finishing the race. After the fourth day, I was then advised that I was in the lead in the 40- to 50-year-old category.

On the fifth day, it all changed. I started to run not to lose.

Each of us ran the race with about 25 pounds of food, meds, survival gear, and clothes in our backpacks. On day five, I started to add invisible

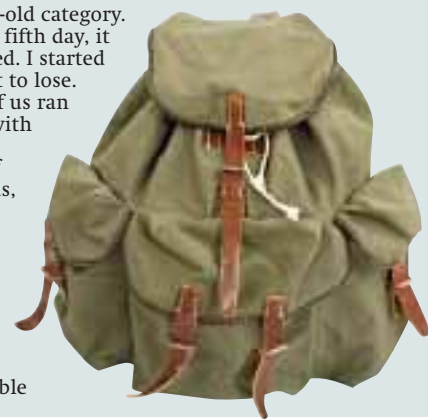
baggage to my backpack; expectations, stress, and especially fear of failure. It no longer weighed 25 pounds, it weighed a ton, and I ran slowly and nervously. My mental narrative until then was "this is the most beautiful desert I've ever seen". Now, all I could hear myself say was "don't mess up".

I realized that my whole life had been lived with outcomes in mind. When I returned home, I became present to a much bigger problem; I put expectations on others too! I was adding weight to others' already full backpacks.

Today, I try to avoid having expectations around a specific outcome. I tell people I can be counted on to give my best effort, and I ask the same from others. The results will be what they will be. With this approach, I have since found that the results have gotten better.

Have you tried to give your best as opposed to try to meet expectations?

STÉFAN DANIS IS THE CEO OF NEXCA-REER AND MANDRAKE, AND THE AUTHOR OF GOBI RUNNER



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Jacquie,
Administrative Assistant
Student

Taking your school to the streets: When campus meets community

Come on in! Canada's post-secondary school grounds are shifting from hidden away to becoming essential parts of their neighbourhoods

Historically, universities have been designed to feel like an educational oasis. Courtyards, student housing and large heritage buildings often give campus dwellers a feeling of exclusion from the rest of the city.

This is reflected in university layouts such as those found at the University of Toronto and McGill University — both established in the 1820s.

While architecturally significant, schools can often feel like they have their back to their communities.

But now, post-secondary institutions are making an attempt to change that. There is a new focus on creating better integration between schools and the communities that host them.

George Brown's new campus in downtown Toronto exposes pedestrians to the culinary school. Transparent walls provide a view into the school's learning restaurant.

In Montreal, a task force was created to ensure that future development at McGill continues to bring value to the surrounding



The digital media lab at the University of Waterloo's Stratford Campus has been designed to merge the school with the surrounding city. CONTRIBUTED

areas and greater Montreal.

Another example is University of Waterloo's Stratford campus. The year-old digital media lab has been designed to connect to the city.

Large glass windows help to open the school up to the community. A three-

storey, 150-screen digital media wall permanently displaying student work, and other information that serves the city, can be seen from outside of the building.

The third floor's open space and outdoor deck gets plenty of use from other

companies — helping the school develop relationships with other organizations.

But does this new concept actually make a difference? Ginny Dybenko, executive director at University of Waterloo Stratford says universities must be con-

nected to the community to be relevant.

"It's part of our role to create people who can contribute to the world. Having a space that encourages community and industry partners is very helpful," says Dybenko, who added it also directly affects stu-

Educated and open

"These activities at school like research, critical thinking, dreaming, all those innovative things, we have a tendency to become inwardly focused at universities, but this building doesn't allow that."

Ginny Dybenko
Executive director at University of Waterloo Stratford

dents.

"These activities at school like research, critical thinking, dreaming, all those innovative things, we have a tendency to become inwardly focused at universities, but this building doesn't allow that."

Dybenko said there was always the idea to have something a little different when it came to designing the school's digital media centre.

Paul Stevens, a senior partner at ZAS, the architects behind the Stratford campus, says university architecture has changed over time.

"There was a serious attempt to integrate it to the street. It was designed to showcase the programs and accomplishments of that campus. You want it to contribute to the cultural life of the city."

METRO WORLD NEWS



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Take note: Hootsuite, known as a "dashboard," allows users to send messages to various social networking sites or groups — such as Twitter, Facebook and LinkedIn — at the same time and also attach images or documents. ISTOCK

The next generation of groundbreakers

Bright ideas get a boost. Hootsuite aims to help young Canadian entrepreneurs make it big in business

The founder of the social media management tool Hootsuite started two businesses as a teenager, and now he wants to help other young Canadian entrepreneurs make it big for themselves.

Ryan Holmes began his rise into the business world by opening a pizza restaurant and a paintball company when he was in his mid-teens.

He's now offering a total of \$100,000 in grants to 10 youth between 17 and 22 as part of his recently launched non-profit foundation The Next Big Thing.

"About 100 kids have applied from all over the world," he said of the competition,

A serious success story

- This week, Hootsuite, which boasts seven million users around the world, was named the only Canadian company on technology blog Mashable's list of top tech companies in 2013.
- Google, Twitter and Netflix were among the other notables to be recognized.

which is open until Dec. 15.

Winners will get the kind of hands-on training that junior entrepreneurs need but can't access through the typical education route, Holmes said.

"I think there's a bit of a disconnect between traditional education programs and entrepreneurs," he said at Hootsuite's headquarters in Vancouver. "Often you hear about amazing entrepreneurs who ultimately are college

dropouts."

"A lot of entrepreneurs are very experiential and hands-on learners and they need to just go and get into things. The goal of TNBT is to just get people into things, help accelerate them into a successful venture as soon as possible."

Holmes launched the foundation with fashion and film entrepreneur Meredith Powell, who also forged a business path at a young age.

"We're really looking for teens who might have started a business or have an idea to start a business," she said.

Along with \$10,000 in grants, each innovator will learn skills from "top names" in the business world and get six months of education at Hootsuite's headquarters, where they'll learn about investing and understanding how to start a business, Powell said.

"We're bringing in incredible mentors, doing one-on-one sessions with them."

THE CANADIAN PRESS

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Stuff your turkey with butter-nutty pecan flavour

1. Preheat oven to 375 F (190 C).

2. Stuffing: In non-stick dry skillet over medium heat, sauté onion until soft. Let cool.

3. Beat egg with milk in a large bowl. Add bread and wait 2 minutes to allow it to soak up liquid. Stir in onions, squash, pecans and cheese. Generously season with pepper.

4. Turkey: Slice turkey breast in half lengthwise, without cutting all the way through, and open like a book. Cover with plastic wrap and flatten with a butcher's mallet or a rolling pin, until about 1/2 inch (1 cm) thick.

5. Spread bottom part with stuffing and close up turkey breast to seal stuffing inside. If desired, tie with string like a roast or hold in place using toothpicks. Place in a baking dish pan and cover top of turkey with pancetta and thyme.

Ingredients

Stuffing

- 1/2 onion, finely chopped
- 1 egg
- 1/4 cup (60 ml) milk
- 2 slices of bread, cut into cubes
- 1 1/3 cup (325 ml) grated butternut squash
- 1/3 cup (75 ml) pecan pieces
- 5 oz (150 g) Gunn's Hill Five Brothers cheese, cut into small cubes
- Freshly ground pepper

Turkey

- 2 lb (1 kg) boneless skinless turkey breast
- 18 very thin slices of pancetta (about 4 oz/125 g)
- 2 tbsp (30 ml) thyme leaves

6. Roast for 1 hour or until meat thermometer reads 170 F (77 C). Let rest 10 minutes before slicing. Serve with seasonal vegetables. **DAIRY FARMERS OF CANADA (ALLYOUNEEDISCHEESE.CA/GRANDPRIX)**



This recipe serves eight. DAIRY FARMERS OF CANADA

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Tortilla chips are a favourite snack or appetizer at Mexican restaurants for many people, but what you dip them in could add up quickly in calories and fat.



Taco Del Mar tortilla chips and guacamole

740 calories / 44 g fat
An avocado has more than 300 calories and 30 grams of fat. The fat is heart healthy but calories add up.

Equivalent

A serving of tortilla chips with guac is equal in calories to 90 Lays baked potato chips and 1/2 cup tomato salsa.



Taco Del Mar tortilla chips and salsa

440 calories / 21 g fat
Save the calories and enjoy a tomato-based salsa with only vegetables added. Then you can afford the Mexican dinner.



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HOMEMADE SOUP





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Have a ball with Pimiento Cheese Balls

This old-fashioned cheese ball is flavoured with pimiento (roasted red pepper), lemon and onion. Make these now, freeze them and glide through the holiday season!

1. In nonstick frying pan, melt butter over medium heat; add pecans and cook, stirring, for 5

Ingredients

- 2 tbsp (25 ml) unsalted butter
- 2 cups (500 ml) pecan halves
- 1 pkg (250 g) PC Aged Two Years Canadian White Cheddar Cheese, finely grated
- 4 oz (125 g) drained roasted red peppers, chopped
- 1 pkg (250 g) PC Original Cream Cheese, at room temperature
- 3 tbsp (45 ml) mayonnaise
- 1 tbsp (15 ml) fresh lemon juice
- 2 tsp (10 ml) grated yellow onion
- 1-1/2 tsp (7 ml) Worcestershire sauce
- 3/4 tsp (4 ml) salt
- 1/4 tsp (1 ml) hot sauce
- 1/4 tsp (1 ml) dry mustard



This recipe serves about 24. PRESIDENT'S CHOICE

minutes or until golden and fragrant. Transfer to cutting board. When cool enough to handle, chop coarsely. Set aside.

2. Place cheddar, pimientos, cream cheese, mayonnaise, lemon juice, onion, Worcestershire sauce, salt, hot sauce and dry mustard in large bowl. Using fork, beat until smooth.

Using clean hands, shape into six equal balls. Roll each ball in chopped pecans to coat. Cover each tightly in plastic wrap. Chill until firm. Freeze until needed, up to 3 weeks.

3. To serve, thaw completely and serve with crackers, sliced baguette or celery sticks.

COURTESY PRESIDENT'S CHOICE

Speedskating

Canadians edged out of medal win

Canada will be the third seed in women's team pursuit at the upcoming Winter Olympics after a fifth-place finish on Sunday at a long-track speedskating World Cup event.

Winnipeg's Brittany Schussler, Ottawa's Ivanie Blondin and Regina's Kali Christ posted a six-lap time of 3 minutes 2.81 seconds, missing out on a bronze medal by 0.77 seconds.

The Netherlands won the event in 2:58.19, ahead of Poland and South Korea.

THE CANADIAN PRESS

NHL

Battered Bruins outhustle Leafs

The depleted Boston Bruins, in the spotlight for all the wrong reasons the previous night, rallied with three goals in the second period to defeat the Toronto Maple Leafs 5-2 on Sunday.

Coming off an ugly, violent Saturday night win over Pittsburgh, the Bruins (20-8-2) were without suspended forward Shawn Thornton and the injured Loui Eriksson and Chris Kelly, among others.

It showed as the Leafs, who beat Ottawa 4-3 in a shootout Saturday, controlled the early going and led 1-0 after the first. But the Bruins' three-goal outburst in the second period, including a pair of power-play goals in a 94-second stretch, left the Leafs in their wake.

Toronto, which also gave up two power-play goals against the Senators, went 0 for 4 on its power play Sunday. The Bruins outshot the Leafs 40-32.

THE CANADIAN PRESS



Team Canada men and women's team skips Jennifer Jones and Brad Jacobs at the Roar of the Rings in Winnipeg, Sunday. JOHN WOODS/THE CANADIAN PRESS

Jacobs skips his way into Sochi Olympics

Roar of the Rings.

Rink's hard-hitting style pays off, sealing win with gutsy throw

Top rink's third

"It's just an honour to be able to play in front of my hometown and my friends and family and for us to be able to pull this out." Winnipeg-born Ryan Fry, son of curling legend Barry Fry

It was fitting that Brad Jacobs sealed his right to represent Canada at the Olympics with one more big-weight double Sunday afternoon, and he never even considered a less risky shot.

"You're throwing that double to win the game," he said after beating John Morris 7-4.

He said his third, Ryan Fry, told him it was coming.

"Fry said it to me, 'You're going to have a double either way

here and we're playing it.' So my mind was already wrapped around some big weight shot before I even threw it."

Jacob joins Winnipeg's Jennifer Jones, who defeated Sherry Middaugh 8-4 Saturday night to win the women's slot, the one prize that has eluded her in a championship-filled career.

Jacobs went into the game as the favourite, after earning his final spot by sweeping the round robin seven straight

with a hard-hitting, muscular, fist-pumping brand of curling that delighted the crowd.

It's also clean and near perfect when it counts.

"That's our style," he said.

With no hometown heroes left to root for Sunday at Tim Hortons Roar of the Rings (Jeff Stoughton and Mike McEwen were knocked out before the semifinals), the crowd switched its allegiance to the Jacobs rink.

It doesn't hurt that Winnipeg-born Ryan Fry — the son

of Manitoba curling legend and Brier winner Barry Fry — now plays third. E.J. Harnden is at second and brother Ryan Harnden at lead for the rink based out of Sault Ste Marie, Ont.

Just like Jones, Fry said it was especially sweet winning in his home town.

"It hasn't even sunk in yet," he said right after the win.

"It's just an honour to be able to play in front of my hometown and my friends and family and for us to be able to pull this out. We had a great week."

Morris was also born in Winnipeg, although he grew up in Ontario and has spent most of his curling life there or Alberta. THE CANADIAN PRESS

Hometown curling vet Jones finally gets her due

Jennifer Jones zipped up her red jacket with the word Canada on the front of it and couldn't stop smiling.

The veteran Winnipeg skip finally earned the right to represent Canada at the Olympics in Sochi, Russia next year with an 8-4 victory over Sherry Middaugh in the Canadian Curling Trials final Saturday night.

"It's pretty cool," Jones said with a laugh when asked what it was like to wear the jacket.

"Love it. Yup, yup, can't wait for more."

The 39-year-old has curled for 28 years, winning four Canadian championships and gold at the 2008 worlds and bronze in 2010, but never came close to wearing the maple leaf at the biggest sporting event.

This was her third Trials event, and the first time she even made the playoffs.

"This is one of the best, if not the best, moments of our

curling careers," Jones told the partisan crowd of 8,565 at MTS Centre during the medal presentation.

Jones is supported by third Kaitlyn Lawes, long-time second Jill Officer, Dawn McEwen and alternate Kirsten Wall.

"We worked so hard for three years and it's one game and it comes down to a couple of shots here and there and today we made them," Jones later told reporters.

Off to Sochi

"We just have such great dynamics on this team. We just love playing with each other."

Team second Jill Officer

"It's hard to believe. But my team played outstanding."

Officer and Jones began curling together in 1992, with

Officer taking a four-year break to go to school and move to Brandon.

"It's pushing 20 years," a teary-eyed Officer, who curled 99 per cent, said. "Absolutely, we're totally like sisters."

"It's just so amazing to share it with her and to share it with Kaitlyn and Dawn, too. We just have such great dynamics on this team. We just love playing with each other."

THE CANADIAN PRESS



Eagles running back LeSean McCoy hurdles the Lions' Louis Delmas en route to a 40-yard touchdown run on Sunday in Philadelphia. RICH SCHULTZ/GETTY IMAGES

McCoy, Eagles soar over Lions in Philly snow storm

Fifth straight win.

Running back has no trouble finding his footing in rushing for 217 yards, 2 TDs

Once LeSean McCoy put his head down and ran straight ahead instead of juking and jiving, no one could stop him.

McCoy ran for a franchise-best 217 yards, including touchdowns of 57 and 40 yards, and the Philadelphia Eagles overcame two TD returns by Jeremy Ross to beat the Detroit Lions 34-20 in a blizzard Sunday.

"It was tough, to be honest," McCoy said. "But the guys were giving me so much room. I actually like to run in between the tackles."

Unpleasant surprises

Forecasters predicted only some snow, so neither team was prepared for a storm that dropped up to six inches in Philadelphia.

- The Lions lost running back Reggie Bush when he fell on the slippery field during warm-ups and re-injured his calf.

Ross returned a punt 58 yards for a score and ran a kickoff 98 yards. But McCoy ran 57 yards up the middle for a tying TD, and Nick Foles connected with Riley Cooper on the two-point conversion. Foles sneaked in from the 1 and Chris Polk had a 38-yard touchdown run to cap a

28-point fourth quarter for the Eagles (8-5).

Snow began falling two hours before kickoff and intensified after the game started. Workers used shovels and hand-held blowers to clear off yard lines. Conditions were so poor neither team tried a field goal, and there were two-point conversion attempts after seven of the eight TDs.

"We just felt footing was so bad," Eagles coach Chip Kelly said.

The Eagles, looking to go worst-to-first in the NFC East, won their fifth straight game and took over sole possession of first place. Dallas can make it a tie for the top spot with a victory at Chicago on Monday night.

The Lions (7-6) have a half-game lead over the Bears in the NFC North. **THE ASSOCIATED PRESS**

NHL

Back problems sideline Lecavalier

Philadelphia Flyers forward Vinny Lecavalier could miss a month because of a non-displaced fracture in his lower back.

Lecavalier has already missed three games due to back spasms. He leads the Flyers with five power-play goals. **THE ASSOCIATED PRESS**

Skating



"I know I can win again.... I'm ready for Sochi."

Lindsey Vonn after a fifth-place finish in the World Cup super-G on Sunday in Lake Louise, Alta., her third race in three days. Until this past weekend, the 29-year-old American had not competed since a crash last February ripped two ligaments in her right knee and broke a bone in that leg.

Rugby

Mack's attack not enough to lead Canada past Scots

Phil Mack scored two tries as Canada's men's rugby sevens team lost to Scotland 19-12 on Sunday in the final of the Shield in Port Elizabeth, South Africa, after defeating Zimbabwe 24-10 earlier. **THE CANADIAN PRESS**

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	30	20	8	2	84	61	42
Montreal	31	19	9	3	85	65	41
Detroit	31	15	9	7	85	82	37
Tampa Bay	29	17	10	2	80	70	36
Toronto	31	16	12	3	86	87	35
Ottawa	30	11	14	5	86	99	27
Florida	31	9	17	5	70	104	23
Buffalo	30	6	22	2	51	91	14

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	31	20	10	1	96	70	41
Washington	30	16	12	2	92	85	34
Carolina	30	13	12	5	71	84	31
NY Rangers	31	15	15	1	69	80	31
New Jersey	31	12	13	6	69	77	30
Philadelphia	29	13	14	2	64	73	28
Columbus	29	12	14	3	72	80	27
NY Islanders	30	8	17	5	75	104	21

Sunday's results

Minnesota 3 San Jose 1
Chicago 6 Florida 2
Boston 5 Toronto 2
Washington 4 NY Rangers 1
Colorado at Vancouver

Saturday's results

Dallas 5 Philadelphia 1
Winnipeg 2 Tampa Bay 1 (OT)
Washington 5 Nashville 2
Boston 3 Pittsburgh 2
Florida 2 Detroit 1

SCORING LEADERS

	G	A	Pts
Crosby, Pgh	15	27	42
Malkin, Pgh	7	30	37
Getzlaf, Ana	16	20	36
Kane, Chi	16	18	34

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	32	21	6	5	116	89	47
St. Louis	28	19	6	3	98	66	41
Minnesota	32	18	9	5	77	75	41
Colorado	27	20	7	0	81	62	40
Dallas	28	14	9	5	81	80	33
Winnipeg	31	14	13	4	82	88	32
Nashville	30	13	14	3	67	88	29

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	32	20	7	5	101	84	45
San Jose	30	19	6	5	101	75	43
Los Angeles	30	19	7	4	79	62	42
Phoenix	29	16	8	5	94	93	37
Vancouver	31	16	10	5	83	80	37
Calgary	29	11	14	4	78	98	26
Edmonton	31	10	18	3	84	105	23

Note: Two points for a win, one point for overtime loss.

Montreal 3 Buffalo 2

Toronto 4 Ottawa 3 (SO)
New Jersey 4 NY Rangers 3 (OT)
Anaheim 5 St. Louis 2
Calgary 2 Edmonton 1 (OT)
Los Angeles 3 NY Islanders 0

Monday's games — All Times Eastern

Philadelphia at Ottawa, 7:30 p.m.
Columbus at Pittsburgh, 7:30 p.m.
NY Islanders at Anaheim, 10 p.m.
Carolina at Vancouver, 10 p.m.

	G	A	Pts
Perry, Ana	18	15	33
Steen, STL	20	12	32
Tavares, NYI	11	21	32
Thornton, SJ	5	27	32
Ovechkin, Wash	22	9	31
Kunitz, Pgh	17	14	31

Not including last night's games

NFL

WEEK 14

Sunday's results

Kansas City 45 Washington 10
Baltimore 29 Minnesota 26
Tampa Bay 27 Buffalo 6
N.Y. Jets 37 Oakland 27
Miami 34 Pittsburgh 28
New England 27 Cleveland 26
Cincinnati 42 Indianapolis 28

Green Bay 22 Atlanta 21
Philadelphia 34 Detroit 20
Denver 51 Tennessee 28
San Diego 37 N.Y. Giants 14
San Francisco 19 Seattle 17

Arizona 30 St. Louis 10
Carolina at New Orleans

Monday's game — All Times Eastern
Dallas at Chicago, 8:40 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Indiana	18	3	.857	—
d-Miami	16	5	.762	2
Atlanta	11	10	.524	7
d-Boston	10	12	.455	8 1/2
Detroit	10	11	.476	8
Washington	9	10	.474	8
Charlotte	9	11	.450	8 1/2
Chicago	8	10	.444	8 1/2
Cleveland	7	13	.350	10 1/2
Toronto	6	12	.333	10 1/2
Philadelphia	7	14	.333	11
Orlando	6	14	.300	11 1/2
Brooklyn	6	14	.300	11 1/2
New York	5	14	.263	12
Milwaukee	4	16	.200	13 1/2

WESTERN CONFERENCE

	W	L	Pct	GB
d-Portland	17	4	.810	—
Oklahoma City	15	4	.789	1
d-San Antonio	15	4	.789	1
d-L.A. Clippers	13	8	.619	4
Houston	15	7	.682	2 1/2
Dallas	13	8	.619	4
Denver	12	8	.600	4 1/2
Golden State	12	9	.571	5
Phoenix	11	9	.550	5 1/2
L.A. Lakers	10	9	.526	6
New Orleans	9	10	.474	7
Memphis	9	10	.474	7
Minnesota	9	11	.450	7 1/2
Sacramento	5	13	.278	10 1/2
Utah	4	18	.182	13 1/2

d - division leaders

Sunday's results

Boston 114 New York 73
Miami 110 Detroit 95
Houston 98 Orlando 88
Oklahoma City 118 Indiana 94
Toronto at L.A. Lakers
Monday's games — All Times Eastern
L.A. Clippers at Philadelphia, 7 p.m.
Golden State at Charlotte, 7 p.m.
Denver at Washington, 7 p.m.
Orlando at Memphis, 8 p.m.
Portland at Utah, 9 p.m.
Dallas at Sacramento, 10 p.m.

MLS

MLS CUP

Saturday's result

Sporting Kansas City 1 Real Salt Lake 1
(Sporting K.C. wins 7-6 on penalty kicks)



Wielding hot goalie, Wild get win over Sharks

The San Jose Sharks' Antti Niemi stops a shot from the Wild's Dany Heatley on Sunday night in St. Paul, Minn. Zach Parise scored two, Mikko Koivu one and Josh Harding stopped 37 shots as the Wild won 3-1. **ANN HEISENFELT/THE ASSOCIATED PRESS**

Horoscopes

Aries

March 21 - April 20

You may be open and honest by nature but is letting any one and everyone know what you are thinking such a good idea?

Taurus

April 21 - May 21

There is a lot of pressure on you at the moment, the sort that would make other people crack. But you're not other people, you're a Taurus, and giving in and giving up are not in your nature. What's the worst that can happen?

Gemini

May 22 - June 21

You may have to be cruel to be kind today. The planets indicate that someone you are close to emotionally needs to be reminded that they can't always have things their own way.

Cancer

June 22 - July 23

Jupiter in your sign is giving you plenty of big ideas but because the planet of expansion is moving retrograde at the moment you must take care.

Leo

July 24 - Aug. 23

Whatever your current problems may be they're not as bad as they seem.

Virgo

Aug. 24 - Sept. 23

You will encounter hostility of some sort over the next 24 hours, most likely from someone who resents your ability to point out where they are going wrong. If it gets heated you would be wise to turn your back and walk away.

Libra

Sept. 24 - Oct. 23

Make a point of respecting other people's right to have opinions you don't agree with. If you must criticize what they say at least do so in a civilized fashion.

Scorpio

Oct. 24 - Nov. 22

No matter how honest you think someone may be you would be wise not to let them make decisions for you today, especially if those decisions involve your hard-earned cash.

Sagittarius

Nov. 23 - Dec. 21

Some of the people you have to deal with today will drag their feet and find excuses why they cannot deliver what you require.

Capricorn

Dec. 22 - Jan. 20

Someone you work or do business with has been taking liberties of late and you are almost at the point where you have to say something rude.

Aquarius

Jan. 21 - Feb. 19

Try not to get excited about something that is not important today or you may miss out on something that is. There are so many distractions in your life at the moment that your brain cannot possibly keep track of them all.

Pisces

Feb. 20 - March 20

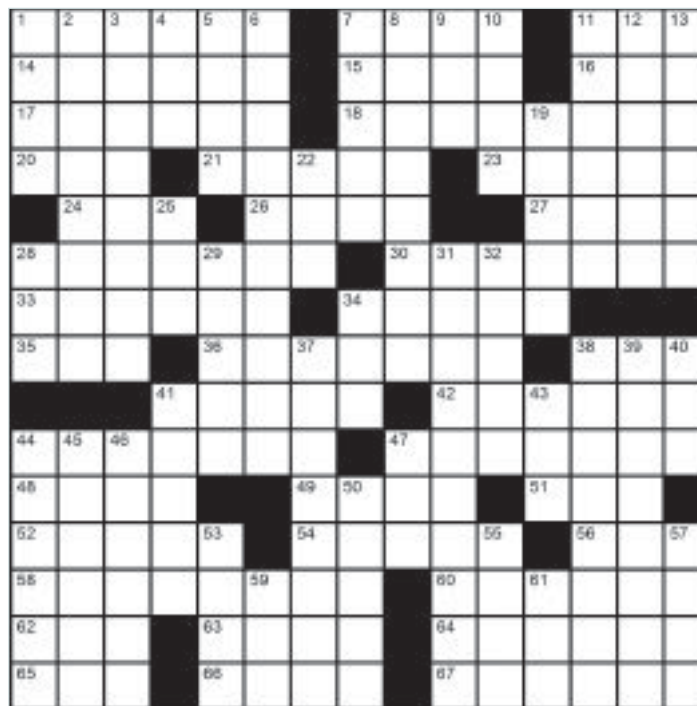
If you are smart you will tone down some of your more outrageous ideas today, at least while in the presence of people you need to stay on good terms with.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

- Southern Manitoba community
- Good: French
- Knee injury [acronym]
- Flip over the 'Closed' sign
- To, archaically
- Francis __, "Love Story" (1970) score composer
- Tempt the fish again
- "We are __ / We are golden..." - Joni Mitchell, "Woodstock"
- __ Paulo, Brazil
- Second Cup offering
- Medieval helmet
- Stone __
- Raise
- Blue dye
- Imperativeness
- Niagara-on-the-Lake export
- Communicate in the direction of, lion-style: 2 wds.
- Some papers
- Holiday __
- Explanatory picture
- Guileful
- Religious orders
- Kitchen gadget, lemon __
- Early computer programming language
- Monty __ Flying Circus
- Prefix with 'logical'
- Eyes: Spanish
- Tycoon Mr. 'O'
- "Chip __": Rescue Rangers"
- Terra __
- "Oh, give __ home..."
- Group of Seven



- member, __-__ (b.1898 - d.1992)
- Cleopatra's guy
- Batch
- Leaning Tower of __
- Bring on
- Charlotte's Web author Mr. White, et al.

- Hair accessories
- Took a breather

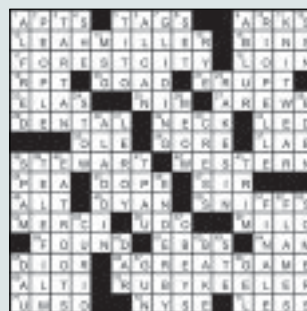
- Mr. Young
- Lieu of Prince Harry's current charity trek: 2 wds.
- Rapper, __ Rhymes
- The BC __
- 7th Greek letter
- Romance novelist Ms. Roberts
- Reunion at-

Down

- Train stn. postings
- Canada's 'Metal Queen', born in Belleville, ON: 2 wds.
- Sled
- __locka, Florida

- tendees
- __ point... (For example...)
- Small
- Sketches
- Scottish writer, Josephine __
- 'Ballad' suffix
- Spoonbender Mr. Geller
- Consumer advocate, Ralph __
- Emily Carr's painting The __ recently sold for \$3.39 million, a record-breaking auction price for her
- Ant, archaically
- Friends of HJKs
- Free: 3 wds.
- Leave in a huff: 2 wds.
- Mildness, as in a judge's ruling
- Mos. and mos.
- Tunic of ancient Rome
- Doo-Wop music syllable
- Closing curtain
- Honey Do List task: 2 wds.
- Is affected by
- Plant holder
- The __ Brothers
- Sporty TV network
- Author Ms. Rice
- Positively-replied at sea
- "Sprechen __ Deutsch?"
- QB's feats

Friday's Crossword

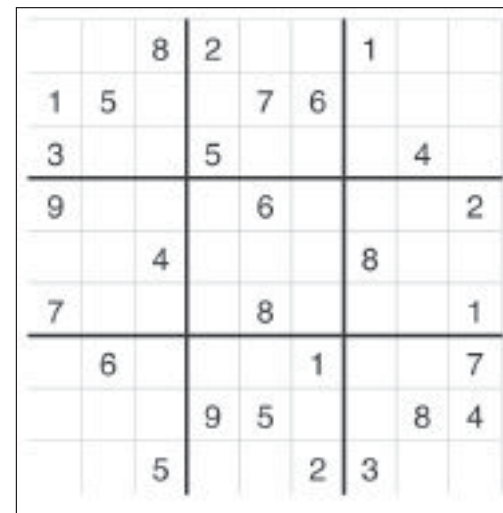
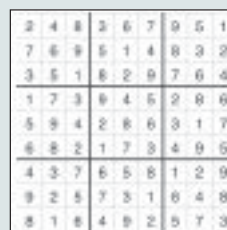


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Weather

TODAY



MAX: -2°
MIN: -18°

TUESDAY



MAX: -14°
MIN: -15°

WEDNESDAY



MAX: -7°
MIN: -13°

JENNA KHAN WEATHER SPECIALIST

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6 AM**



CORRECTION NOTICE

We regret to inform our Manitoba customers that we advertised the incorrect Ford Fusion model year in our print ad on December 4th in the Metro Winnipeg. The advertised offer of \$19,999 applies to the 2013 Ford Fusion, not the 2014 Ford Fusion. Your Prairie Ford Dealers sincerely apologize for any inconvenience it may have caused you.

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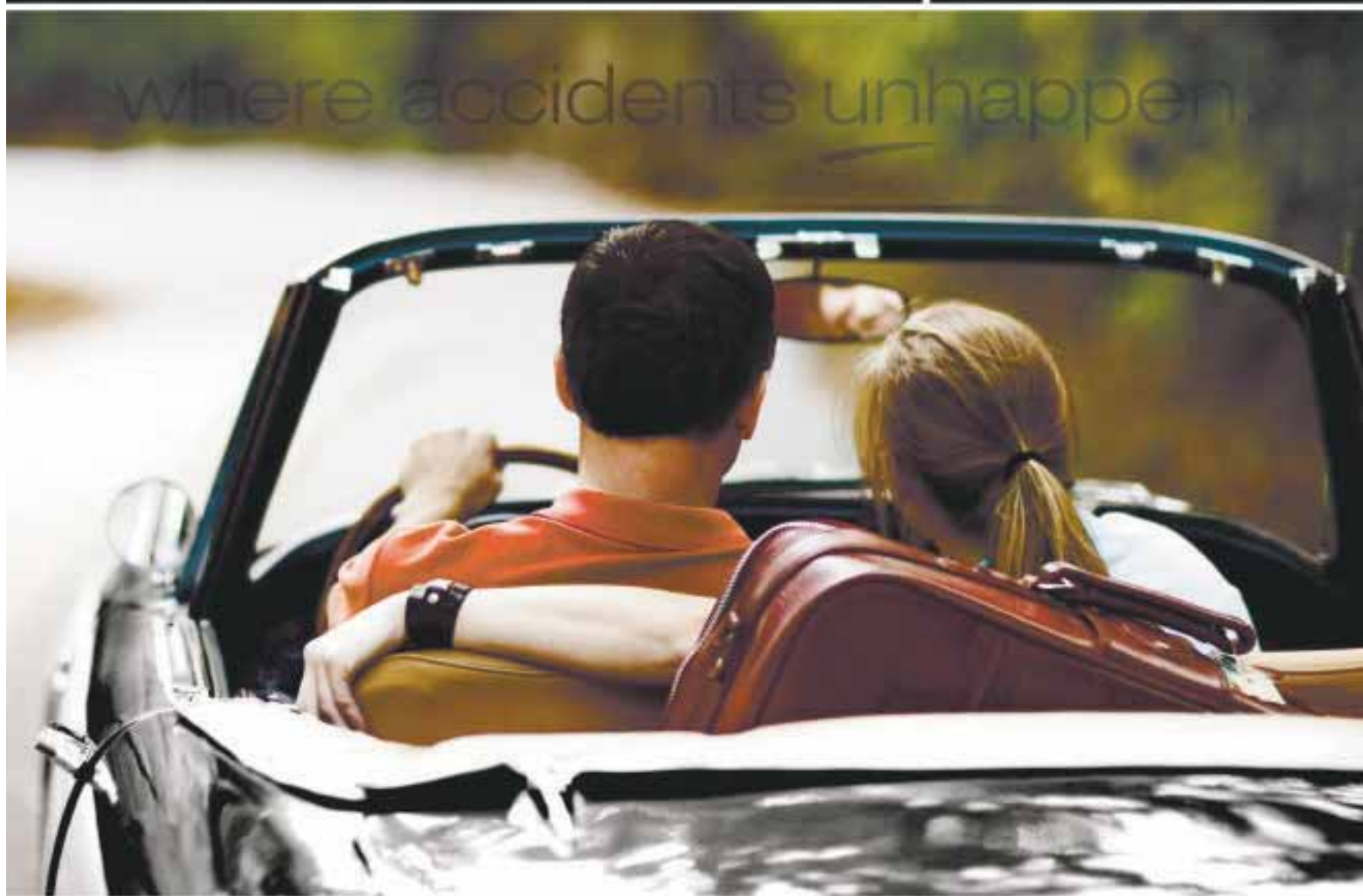
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